



13 km long in a scenic area between meadows, fields and forests.

HUNGASLINGAN – 13 KM

Sights/tips along the way:

- Bird tower at Trosa wetland
- Trostorp homestead museum
- Runes below Trostorp and Bergastenen, Sörmland's oldest runestone
- Trosalands church
- Farm shop Lilla musteriet i Trosaby
- Exiting architecture and a cozy café at Emils backe
- Tureholms castle (private)

About the route:

- **Duration:** Approx. 1 hour
- **Difficulty:** Easy, with some short slopes
- **Surface:** Gravel and asphalt
- **Suitable for:** MTB, hybrid bikes and city bikes

Please note that this is a tour suggestion.

There is no signage to follow.

Good numbers to have:

Emergency - SOS: 112

Taxi: +46 (0)156-10000

Trosa Municipality: +46 (0)156-520 00

Trosa Tourist Center: +46 (0)156-522 22

Bicycle services:

Trosa guest harbor: +46 (0)156-50 52 00

Bike rental

We Ride MTB: +46 (0)73-365 11 68

Bike guiding, rental and repairs

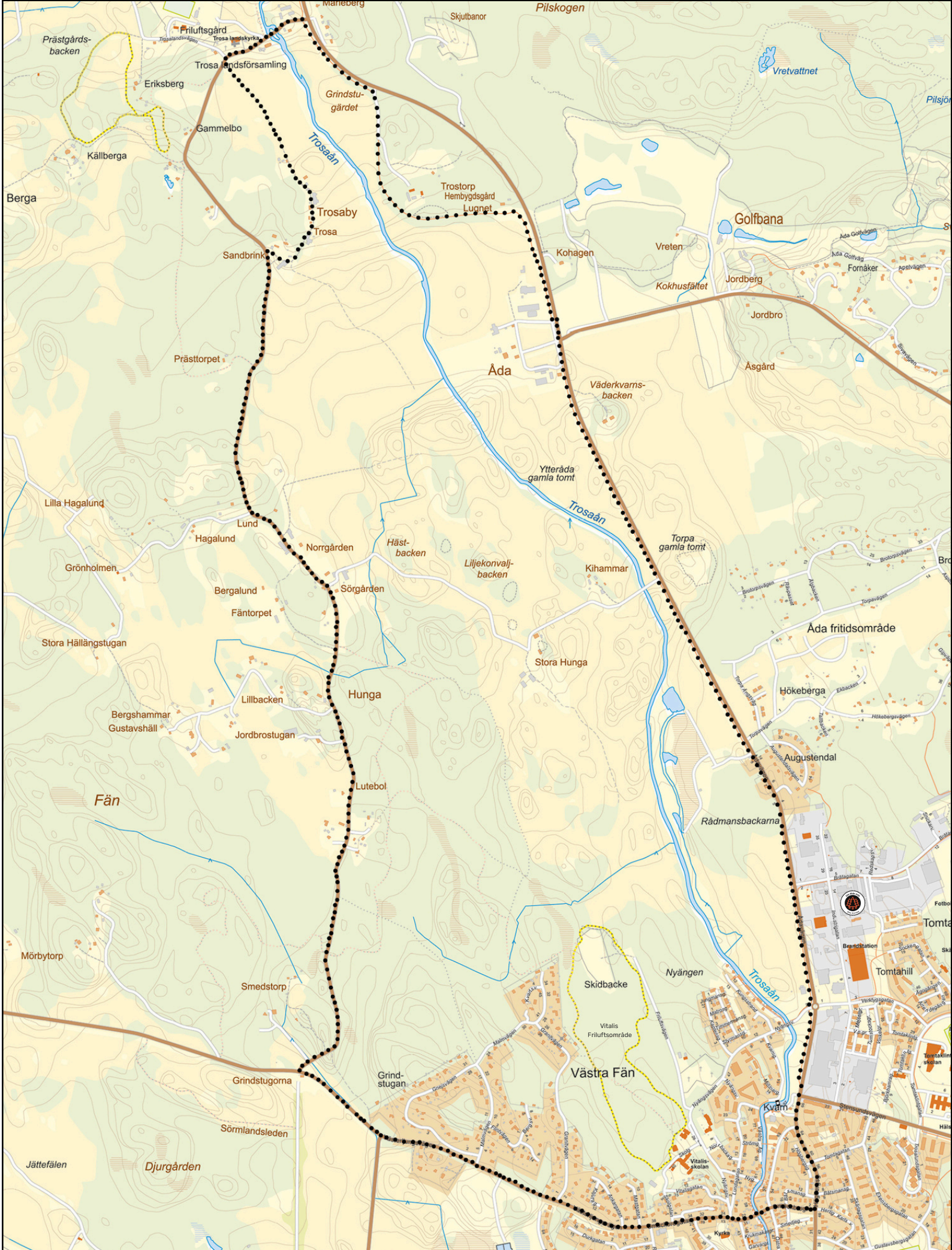
Team Sportia: +46 (0)156-126 40

Bike rental and repairs

Sörmland Cycling: hello@sormlandcycling.se

Guided tours and activities





Please note that this is a tour suggestion.
There is no signage to follow.

QR-code to [Naturkartan.se/trosa](https://naturkartan.se/trosa)
for more detailed map

